

Effect of Positive Thinking on Our Life and Nature

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Abstract: Thoughts create vibration-flow energy-effect on atmosphere and world. It is said your attitude shows your thought, your thought reflects your vision and vision creates atmosphere. Nature is very sensitive to our thought our action. In natural form our original identities are love, peace, bliss, purity and happiness but due to five vices for example — lust, Anger, greed, ego, attachment. We have lost our natural identity. For Instance, when we were in our real form of soul with these identities, there were very harmony with nature. Nature was very calm, no bacteria, virus in the atmosphere. but when these qualities depleted gradually-gradually, negativity have come in our life and nature. due to excess of these vices in human being, this disaster have come in the world, reason could be anyone. Corona virus only effects on human being not animals. Because animals did not interfere with nature but human beings cut trees, Industrialisation, nuclear power, different types of pollution so earth has to take oxygen and we can see reverse feed back with human beings. Please make a friend of nature. Become as a flower, spread a vibration of love, peace, happiness, bliss, purity surroundings. but how it will be possible, first we have to recharge ourselves with these five virtues. From where we will charge-answer is God who is the ocean of love peace happiness, bliss and purity. So we need to earn or practice of meditation, Rajyoga meditation is the direct method to connect with God. It is true if we come again in our original identity or divinity by Rajyoga meditation, nature also will be purified, become our friend and all negativity will be removed naturally.

Key words: positive vibration, cosmic rays, meditation, health, nature and world

1. Introduction

Our thoughts radiates the vibration in atmosphere. Thoughts originate in soul which is point of light between the forehead near pineal gland. which type of thought we create in our mind, radiate these types of wavelength in our body and atmosphere. Soul act as computer operator in brain. Mind intellect and impression are three identities of soul just like electron, proton neutron are the three identities of atom, we know the moment of electron in orbit depend on wavelength. Can change its orbit after releasing and receiving of energy. In Mandleef periodic table division of elements has been done by atomic no. if atomic no. change,

Changing the number of electrons will change the overall charge on an atom. An atom that loses electrons will become positively charged and an atom with added electrons will become negatively charged. This will change the way the atom behaves around other atoms and will affect the way it bonds with them.

Can Unstable Atoms Become Stable? As the unstable nucleus attempts to become stable, it emits radiation and changes into a different element as the number of protons changes. This process is called radioactive decay and it continues until the forces in the nucleus are balanced and stable.

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In other words, atoms of one element can be changed into atoms of another element by transmutation. This occurs either through nuclear reactions in which an outside particle reacts with a nucleus, which can be supplied by a particle accelerator, or through radioactive decay, where no outside particle is needed. then quality of substance are also change due to transformation of energy or changing the orbit of electron, just like this effect of vibration (energy flow of thoughts is very important in life). If our thought will positive fulfill with, peace love, happiness, bliss, power and knowledge. Seven identities have seven different wevelenth of energy and make a combination of just like VIBGYOR. At the time of meditation these energy first transmit in our body, effects our cells, ECF of cell sand effects whole body system and fulfill with these seven virtues and we become more healthier and happy, then transmit in the atmosphere and nature is very positively sensitive with these vibration.

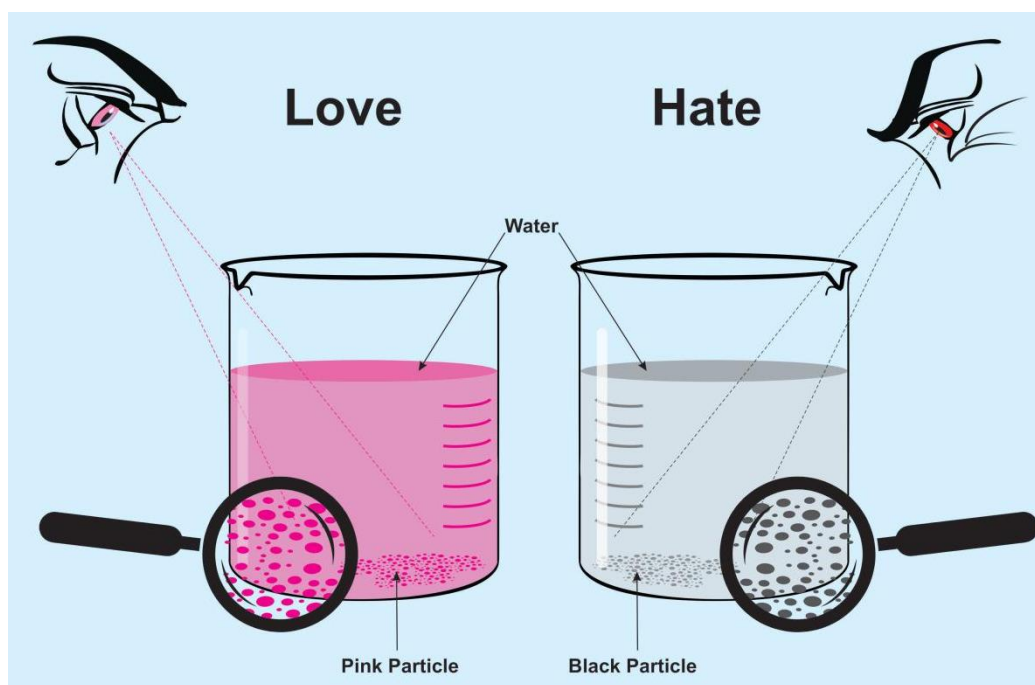
Further We can see in these experiments.

2. Effect of Positive Vibration

2.1 Experiment 1

It has been seen in research-some water has been taken in two jars.

In first jar gave a vibration of hate for an hour and in second jar gave the vibration of love for same time.



After 24 hours water particle of both jar has been observe by electron microscope.it is found in jar first where the vibration of love, particle was pink while in other jar where has given the vibration of hate, particle colour was found black.

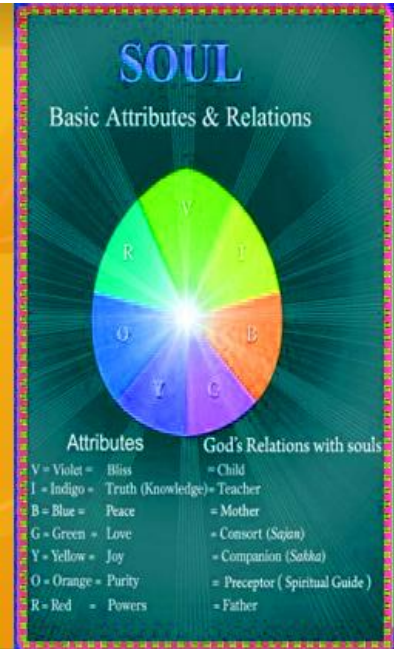
As we know our body contain average approx 70 percent of water total body fluid volume, thus if we give positive vibration of love, peace, happiness, power. Bliss to our brain and body.our body will be purify and be more healthy.

2.2 Experiment 2: Effect of Meditation on Human Being and Atmosphere

If water particle constituinte change by the feeling of vibration, then our 70 percent of body water particle can be charge with positivity and happiness.

Earth made up of 71 percent of water of total volume, thus after giving the vibration of 7 rays by Raj yoga meditation on earth sphere or globe, then 71% of water constituent of this world we can change, purify world will be soon.

In present time most dangerous weapon are laser beam just like this vibration, these rays are very effective to change and purifies this world.



SOUL
Basic Attributes & Relations

Attributes

- V = Violet = Bliss
- I = Indigo = Truth (Knowledge)
- B = Blue = Peace
- G = Green = Love
- Y = Yellow = Joy
- O = Orange = Purity
- R = Red = Powers

God's Relations with souls

- = Child
- = Teacher
- = Mother
- = Consort (Sajan)
- = Companion (Sakha)
- = Preceptor (Spiritual Guide)
- = Father


Soul is a sentient point of Metaphysical Light Energy. It can be compared to a Battery having 7 cells of different colours of VIBGYOR Spectrum.

These Spiritual Energies can be visualized as photon fields of the VIBGYOR spectrum as shown in the picture, and each field (cell) can be filled with corresponding energy from God Shiva through 7rays Raj yoga meditation.

The photon fields have been identified with different attributes based on intuitions & personal experiences, Godly knowledge & technical information on Chakras (plexuses) in the subtle body.

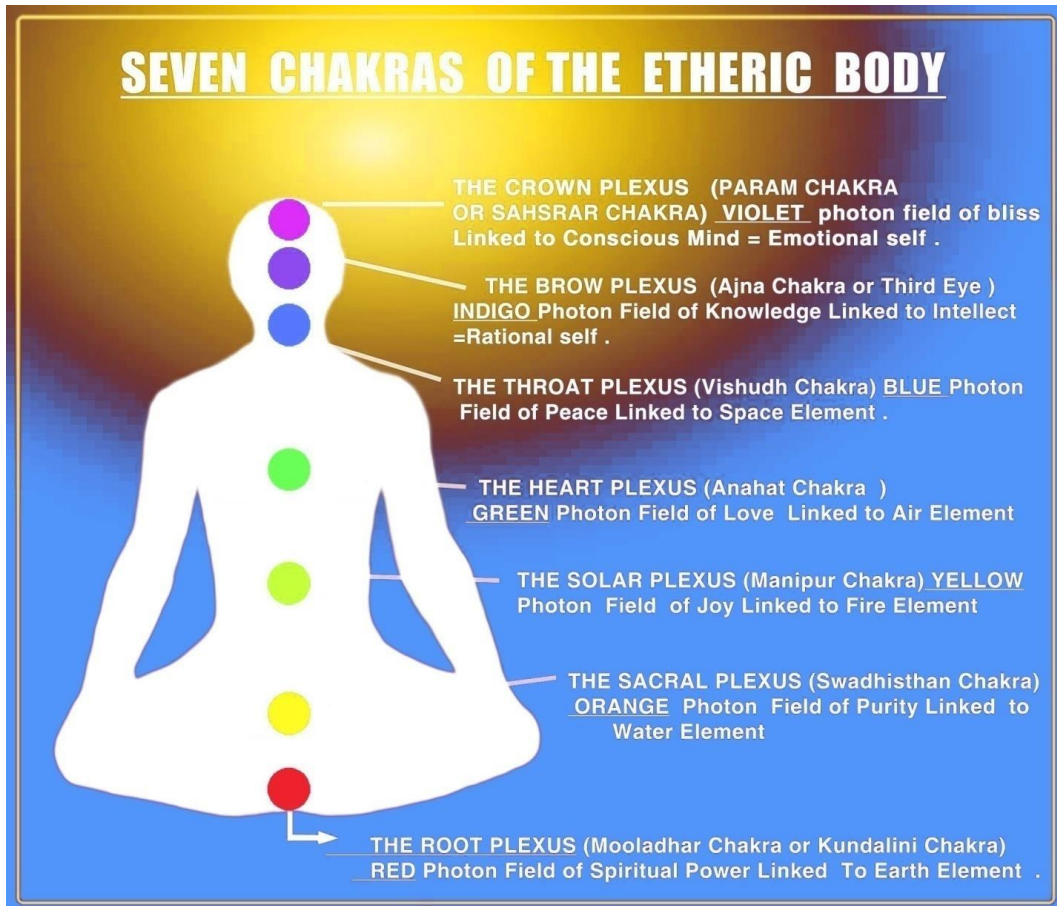
Chakras have their own photon fields of VIBGYOR spectrum. Although these linkages are not mandatory, following the same will be helpful in understanding Healing meditation which helped the author to remove spectacles and control diabetes.

7-RAY RAJYOGA



| | <u>Basic Attributes</u> | <u>Relations</u> |
|--------|-------------------------|-------------------------------|
| Violet | = Bliss | = Child |
| Indigo | = Truth (Knowledge) | = Teacher |
| Blue | = Peace | = Mother |
| Green | = Love | = Consort (Sajan) |
| Yellow | = Joy | = Companion (Sakha) |
| Orange | = Purity | = Preceptor (Spiritual Guide) |
| Red | = Powers | = Father |

2.3 Different Colour Reflects Different Attribute and Relation With God



Seven Chakras of Human Body

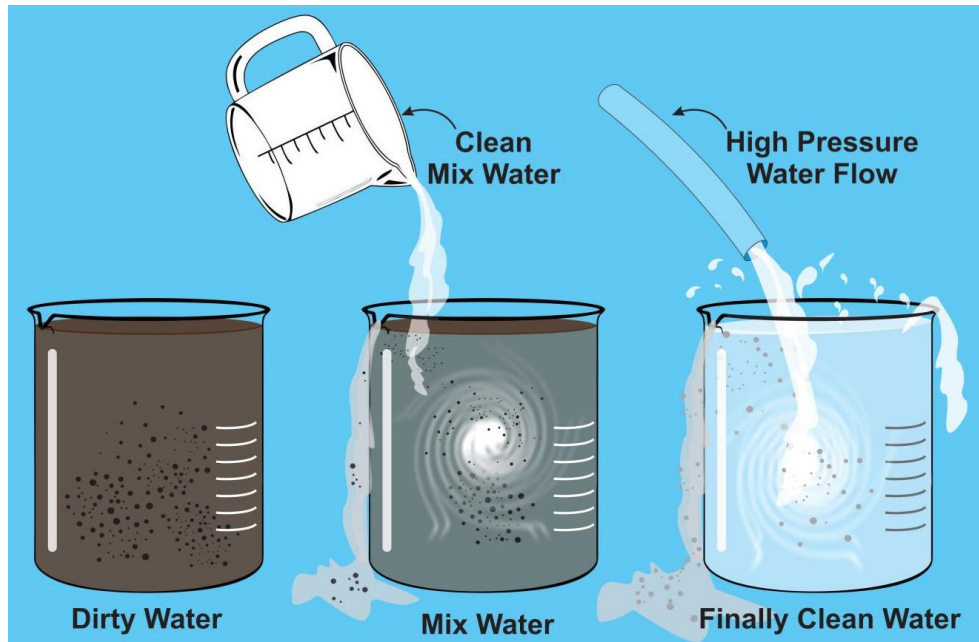
EMPOWERING THE ELEMENTS OF NATURE- 3

- **Spiritual energy of the Supreme Soul, when focused on the Subtle Body, is attracted to the plexus (Chakra) by the law of 'like attracts the like'.**
- **This ----- Spiritual Energy**
- **Purifies, Empowers and Activates The linked element in the body at Micro-level, and the same element in nature at Macro-level.**

We have to replace all negativity by positivity. We have to think positive just like this falling a fountain of positivity on the negativity.

2.4 Experiment 3: Three Jars With Water Pipe

We can see this in a experiment where we replace dirty water completely by pure water. First fill a jar with dirty water, if we fall pure water in this jar. It could be dilute but no purify, to purify this We have to fall water speedly by pipe in jar and after some time we will see due to high flow of pure water, dirty water replace gradually and fastly and finally it become complete pure.

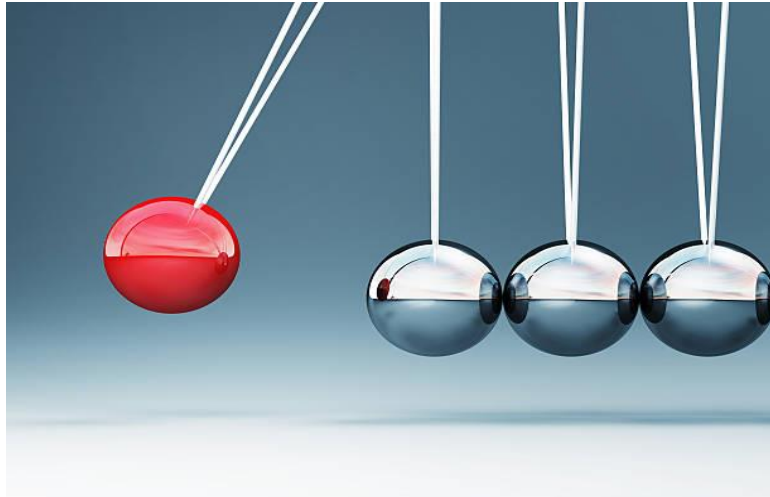


Speed Flow Pure Water Clarify Dirty Water

Just like this we have to fill our life with positivity, love, peace or happiness with these strong vibration, then all negativly remove automatically. For this we have to do practice of meditation specially Rajyoga meditation (more detail can find on net by Rajyoga meditation or brahma kumaris). In Rajyoga meditation we connect directly with supreme soul by mind and intellect, and strat to catch the vibration (cosmic rays) of love, peace, happiness, knowledge, bliss, power, purity from God who is the ocean of these identity) because five vices-lust anger greed, attachment, ego are main negativity of our soul in current time and also in excess and become a poisonous for nature and our life, due to these vices, we have lost quality of humanity, nature became violence where is the excess of these negativity. Disaster starts from there. So Corona virus effect s specially human being, animals are safe except some exception because they did not loose their naturality and made rythm with nature. So nature did not harm them all most, while we disturbed environment, depleted ozone layer by green house effect and play with nature specially China and got this adverse effect.

Earth's taking oxygen-due to deforestation and depletion of ozone layer.

2.5 Newton's First Law — Action and Reaction



Equal and Opposite Action Reaction

According to Newton's first law: every action has equal and opposite reaction.

Opposite action of reaction of nature we have seen, Earth is taking oxygen due to the act of human being, so human being also has to take oxygen. China did maximum interfere in nature, doing artificial rain, trying to make artificial sun, try to play with nature so nature also played with them. but have to suffer everywhere in the world because we have also disturbed nature in different ways. Our thought is the seed and our action is soil, so please try to plant refine seed of thoughts in the soil of good actions, so that we can grow a refine fruit in the form of paradise in this world.

Let us start to give positive vibration to nature friendly, will see positive reaction of nature in future.

Now we should first purify our thoughts by meditation, positive thoughts, become optimistic and think if we change, this world will change because our thoughts work as telepathy.

Think-I am a peaceful.
I am powerful and loveful.
I am happy and satisfy.
God is always with me.
I am winner.
Today is my day.

2.6 Experiment 4

The hundredth monkey effect in 1952 on the island of Ko Shima. scientists were observing the macaca Japanese monkeys providing them sweet potatoes dropped in the sand. The monkeys did not mind eating the sandy potatoes until a young monkey started washing potatoes in a nearby stream.

The hundredth monkey effect is a hypothetical phenomenon in which a new behaviour or idea is said to spread rapidly by unexplained means from one group to all related groups once a critical number of members of one group exhibit the new behaviour or acknowledge the new idea.

The story of the hundredth monkey effect was published in Lyall Watson's foreword to Lawrence Blair's *Rhythms of Vision* in 1975, and spread with the appearance of Watson's 1979 book *Lifetide: The Biology of the Unconscious*. The account is that unidentified scientists were conducting a study of macaque monkeys on the

island of Kōjima in 1952. These scientists observed that some of these monkeys learned to wash sweet potatoes, and gradually this new behaviour spread through the younger generation of monkeys — in the usual fashion, through observation and repetition. Watson then concluded that the researchers observed that once a critical number of monkeys was reached, i.e., the hundredth monkey, this previously learned behaviour instantly spread across the water to monkeys on nearby islands.

This story was further popularised by Ken Keyes Jr. with the publication of his book *The Hundredth Monkey*. Keyes's book was about the devastating effects of nuclear war on the planet. Keyes presented the hundredth monkey effect story as an inspirational parable, applying it to human society and the effecting of positive change. Unfortunately, Keyes combined two items of truth: that the Koshima monkeys learned to wash sweet potatoes, and that the phenomenon was observed on neighbouring islands.

That is first creative Idea came in the mind of one monkey, start to wash Sweet potato, other monkeys also start to wash sweet potato before eating but it is also found in other island which is approximately 200-200 kms faraways from each. How it would be possible no communication, no internet., only due to mental vibration or telepathy.

Just like this if we become optimistic in current time and will think positivity and give positive vibration to humanity and environment, become a friendly with nature. This coming storm on the world will convert into gift. From darkness to lightness or from current time to paradise.

3. Vibrational Telepathy

1) Vibrational Telepathy Dr. Harsha Chatrath, Hod Chemistry, Dr. D. Y. Patil ACS COLLEGE, PIMPRI, PUNE 411018.

2) What Is Telepathy Telepathy is the communication of information from one mind to another by means other than the known perceptual senses. Telepathy is considered as an extra sensory perception. The word TELEPATHY is made up of two Greek words “TELE” means “DISTANCE” and “PATHEIA” means “To Be Affected By”. Telepathy is the ability to communicate via our mind with another person via their mind. And this exercise is designed to help you get started. The exercise is called the telepathic opening exercise and it is the start in our telepathic journey. Each one of us is surrounded by strong electro magnetic fields which emit radiations of different wavelengths continuously, depending on the mood, circumstances and the health. As magnetic force “pull” metals and magnets together, “life energy” forces attract elements of many kinds between human beings. This happens between physical bodies (sexual attraction, for example), mental bodies (between those who share the same beliefs or attitudes), and between spiritual bodies (for example, an attraction you may feel with one who you have shared a past life with).

3) Types of Telepathy Global subjects are not within sight of each other, and usually a picture, impression, or feeling is received by one party. The distance in this pattern does not seem to be a factor. MENTAL the process of sending or receiving thoughts from one person to another who are within the sight of each other it is not fully based on conscious thought. A strong focus of emotion is involved (resulting from a tragic or exciting event)

4) The essential element of success, concentration—Since one need not be conscious of “sending” or “receiving” global telepathic impulses, the sub-conscious or spiritual body (which is also electronic in nature) plays a part in telepathy as well. For one to develop their global telepathic powers, strong concentration and meditation to link the spiritual, mental and emotional levels are needed. Most global telepathy occurrences

recorded happened WITHOUT either party consciously trying to communicate with the other. Those who have surrounding energy fields of similar vibrations are the ones most likely to experience global telepathy. This is why identical twins, and brother/sisters within 5 years of each other are ones with higher telepathy experiences. However, it is possible to have a global telepathic communication with anyone. Thought transaction is another important factor to gain success. Positive attitude plays a vital role in the achieving success in vibration telepathy. Confidence in the vibration telepathy is the harmony between the reciprocal vibrations of object and subject.

5) Vibrational Therapy, our body emits vibrations of different wave lengths and colours depending on our thoughts and environment. These vibrations can be effectively utilized to heal a person through QUANTUM TOUCH & TELEPATHY. Quantum-Touch is an energy healing modality that applies the principles of resonance and entrainment to facilitate healing. Practitioners learn to focus and amplify life-force energy by combining various breathing and body awareness exercises. When the practitioner's hands resonate at a high frequency, the client entrains to, or matches, the higher frequency, to facilitate healing using the body's biological intelligence. Life-force energy affects matter on the quantum, subatomic level and works its way up through atoms, molecules, cells, tissues, and structure to create healing. Both the practitioner and client are "healed" by the high vibration (no exhaustion after a full day of sessions for the practitioner).

6) The Electromagnetic Spectrum More than meets the eye!

7) Aura and Energy.

8) Diagram of the Auric Fields.

9) Energy exists between us all.

10) Since colors of light are defined by frequency, subtle energies and the bioenergy that emanates from all living things can be quantified as electromagnetic field energy that resonates with different frequencies of light. Therefore aura can be quantized and tangibly studied. Study of Aura can be based upon the principle that all mental activity involves electrostatic or electromagnetic energy-information exchange. When our psychological and emotional energies are sent throughout the body as electrical impulses along the biological(neural) and energy (meridian) pathways, these transmissions cause electromagnetic fields to radiate outside the body. By this process, the tangible features (frequency, waveform, etc.) of these radiating electrical field energies are characteristic of the mental activity that generated them, as much research in this field has revealed. The receiver and the sender start emitting the waves of same frequency due to which the message is transmitted and the work is done automatically. The persons suffering from memory loss or flickered concentration also show marked improvement due to variation in their vibration frequency with respect to the object and subject. Various waves with varying frequencies of are also emitted by non living objects which have to be harmonious with the vibrations of the sufferer in order to get better results.

11) The AURA and CHAKRAS

12) This therapy not only helps in rejuvenating the energy but also helps in improving the memory, concentration, mental and physical fitness of the object This technology is based on research indicating that bio-vibrations from light, sound and color benefit cells by: Accelerating the repair process, Reducing pain, Modifying mood swings, and Increasing the production of collagen and the synthesis of adenosine triphosphate (ATP) It also helps in healing: Emotional and psychological conditions, Induction of sleep or deep meditation, Distant Healing.

Just like this if we become optimistic in current time and will think positivity and give positive vibration to humanity and environment, become a friendly with nature. This coming storm on the world will convert into gift.

From darkness to lightness or from current time to paradise.

These are **words with** a high “**vibrational**” value which means the **higher** the **vibration**, the more positive energy they “might” bear. On the positive energy side we could find **words** like friendship, love, faith, happy, good, abundance, unity, peace, gratitude, optimism etc.

Everything in Life is Vibration.

— Albert Einstein

The law of nature that states everything has a vibration.



By Rajyoga Meditation Radiating the 7 Rays in the Atmosphere Just Like VIBGYOR (GOD is Point of light) (Soul is point of light, situated between the fore head) both are meta physical energy. For description please see the reference below, Effectiveness of Rajyoga meditation in teaching education and life US, China Journal, Feb. 2020, Vol. 10).

Purification process of nature-Please do nourishment of nature, Excretion process is going on by different methods.

A door is much smaller compared to the house, a lock is much smaller compared to the door and a key is the smallest of all but key can open entire house thus a small thoughtful solution can solve major problem.

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